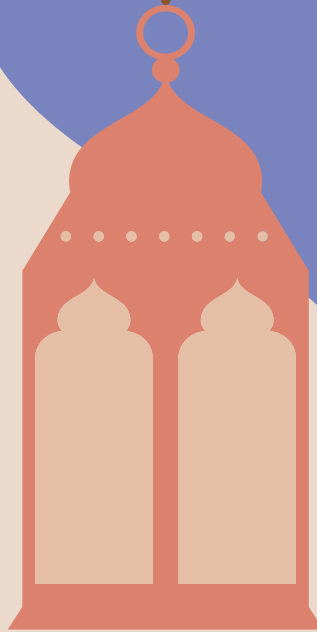




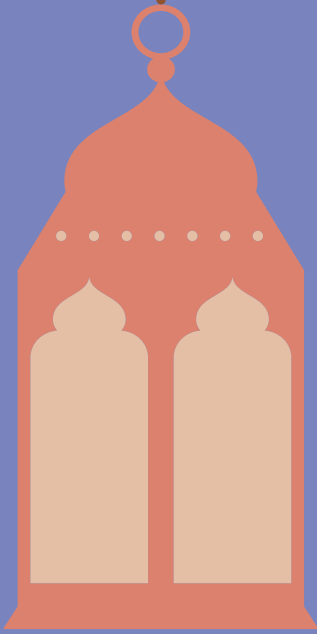
American Muslim
Community Foundation



Ramadan Giving Box Challenge

Children's Activity & Giving Guide
2023





How To Use This Guide

AMCF Ramadan Giving Box Challenge

Children's Activity & Giving Guide

Theme: Taking Care of Myself, My Family & Friends, and Others & the Planet

2023/1444

Encouraging the youngest members of our community to start early in their love and practice of philanthropic giving is part of AMCF's strategic mission, so we are excited to share this Ramadan Giving Box Challenge children's guide on both self-care and giving this Ramadan! Please read through this guide to prepare for a meaningful experience with your children.

Target Audience

The activities and reflections in this guide are designed to engage children ages 4-12 and their families, but can be used at any age with modification!

Theme

This year's theme is "Taking Care of Myself, My Family and Friends, and Others/The Planet." The activities, Quranic verses, ahadeeth and reflections used in this guide have been thoughtfully selected under this theme. **Throughout the month, emphasize with your child(ren) the importance of working inward to outward when we want to change the world for the better—starting with improving ourselves and setting the right intentions, helping our families and those close to us, then helping others beyond our immediate circles. Clarify to them that this process is not linear. We can work on all of these at the same time, but helping others should not prevent us from tending to our families, for example, or it is not wise to help our families or others if we are greatly lacking in taking care of ourselves.**

How Does it Work?

- ✓ **First**, read through this guide and start by having your kids make and decorate their own "giving" or "sadaqa" box. They can make the giving box from cardboard, using a shoebox, painting an unfinished wood box, etc. Get creative & personalize!
- ✓ **Second**, explain to your child(ren) that you will be doing simple activities and reflections each day of Ramadan about taking care of ourselves, our families/friends, others and the

planet. Also, explain to them that as they complete each day's activities and reflections, they will earn "giving" or "sadaqa" dollars to place in their giving box and give to a cause they care about. That's why we are calling it the Ramadan Giving Box Challenge!

- ✓ **Third**, take some time to talk about charitable causes with your kids. This is a good time to ask your children about the causes they care about and also to share with them the causes you care about and like giving to. Decide together where you may want to give the funds that they earn (see next section). Think of ways you can encourage their giving. For example, parents, caretakers or other family members can offer matching what the children earn. You can start an online crowdfunding campaign to supplement the funds raised by your children. Some good old-fashioned fundraising ideas—like bake sales—work too!

Share with us! As you work through this guide in Ramadan, we would love to hear your impressions. Please reach out and share your sadaqa boxes, your children's engagement, your own reflections, your fundraising progress, etc. You can email us at nonprofitengage@amuslimcf.org or follow and tag us on Instagram at [@amuslimcf](https://www.instagram.com/amuslimcf) (#amcframadan #amcfgivingboxchallenge).

Where and How Do I Give?

You are free to give the money your children earn in their Ramadan giving box to any cause of your choosing! If you would like guidance on where to give, feel free to reach out at nonprofitengage@amuslimcf.org. As a community foundation for Muslims, AMCF has a large network of nonprofits and can give you recommendations on good organizations to give to based on your interests. Whatever the case, we encourage you to involve your children in choosing a cause! Ask them what they want to support and why. You can also split your donations to more than one cause.

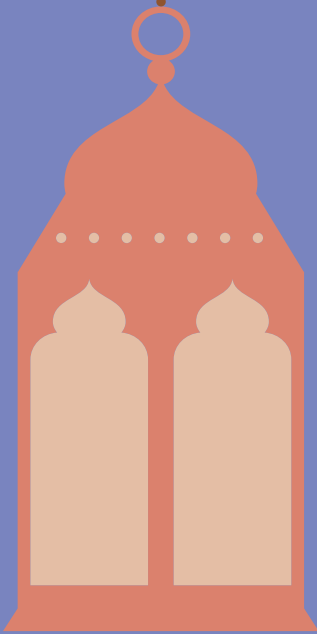
You can give the funds raised in any way you wish. If you have a Donor-Advised Fund (DAF) with AMCF, we encourage you to give through your DAF. If you do not have a DAF, you can donate directly to the cause you chose, on- or off-line.

We encourage you to tally and donate the funds you earn through the Giving Box Challenge each week of Ramadan (see the tracker provided in this guide!). If you are donating to your cause online and are concerned about transaction fees, you can choose to pledge the earned amount each week and make the actual donations biweekly or at the end of Ramadan. Making the actual donations periodically during the month is recommended, however, so the funds are more likely to benefit the cause you choose in Ramadan and you can also reap the reward of giving throughout this blessed month inshAllah.

Note: If you do not have a DAF with AMCF and you are interested in simplifying and strategizing your charitable giving, consider opening a DAF with AMCF! This fund allows you to consolidate your giving to numerous causes in one place, provides tax benefits, and can be shared between spouses (and even passed down from parents to children in the future!). What better way to demonstrate the importance of giving to your children than to leave them a legacy of sustainable philanthropy? You can learn more about Donor-Advised Funds [here](#) and you can contact us at donorengage@amuslimcf.org if you are interested in opening a DAF with AMCF.

If you have any further questions regarding the AMCF Ramadan Giving Box Challenge, please reach out at ola@amuslimcf.org.

Let's Get Started!



**Daily Activities &
Reflections**

Ramadan Daily Activity & Reflection Guide

Instructions:

- ✓ Print and cut out the boxes below on cardstock to create daily cards and place one in each day of a Ramadan pocket calendar or similar.
- ✓ After you complete any card, tally and record the giving dollars earned in the tracker provided in this guide.
- ✓ At the end of each day, tally the total number of “giving dollars” the family has earned and have your child(ren) put them in your “giving box.” Ask your children each time they put the giving dollars if they can remember the cause they are working to support this Ramadan!
- ✓ Note that you can reuse many of these cards or do multiple cards in one day. For example, if a child eats a healthy meal 5 out of the first 10 days, put a healthy meal card in each of the 5 days it was earned. Consider printing some extra copies of the cards for this purpose.

First 10 Days: Taking Care of Myself

Self-Care

Activity:

Today, I took care of myself by eating at least two healthy, balanced meals.

Read & Put into Practice:

Duaa Before Eating

اللَّهُمَّ بَارِكْ لَنَا فِيْمَا رَزَقْتَنَا وَقِنَا عَذَابَ النَّارِ

“O Allah! Bless us in what You have provided us with and protect us from the punishment of the Fire.” (Muwatta’ Malik)

Duaa After Eating

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مُسْلِمِينَ

“All praise is due to Allah Who have given us food and drinks and ordained us as Muslims.” (Sunan At-Tirmizi)

(earn \$5 giving dollars)

Self-Care

Activity:

Today, I took care of myself by calming my anger in a tough situation.

Read & Put into Practice:

إِنَّ رَسُولَ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ لَنَا " إِذَا غَضِبَ أَحَدُكُمْ وَهُوَ قَائِمٌ فَلْيَجْلِسْ فَإِنْ ذَهَبَ عَنْهُ الْغَضَبُ وَإِلَّا فَلْيَضْطَجِعْ "

The Messenger of Allah (ﷺ), “ When one of you becomes angry while standing, he should sit down. If the anger leaves him, well and good; otherwise he should lie down.” (Al-Albani)

(earn \$5 giving dollars)

Self-Care

Activity:

Today, I took care of myself by moving and making and exercise part of my day.

Read & Reflect:

اللَّهُمَّ عَافِنِي فِي بَدَنِي اللَّهُمَّ عَافِنِي فِي سَمْعِي اللَّهُمَّ عَافِنِي فِي بَصَرِي
لَا إِلَهَ إِلَّا أَنْتَ

“O Allah! Grant me well-being in my body. O Allah! Grant me well-being in my hearing. O Allah! Grant me well-being in my sight. There is no true god but You.” (Repeat three times in the morning and three times in the evening.) [Abū Dāwūd]

(earn \$5 giving dollars)

Self-Care

Activity:

Today, I took care of myself by taking time reflect and make dua alone.

Read & Reflect:

وَإِذَا سَأَلَكَ عِبَادِي عَنِّي فَإِنِّي قَرِيبٌ أُجِيبُ دَعْوَةَ الدَّاعِ إِذَا دَعَانِ
فَلْيَسْتَجِيبُوا لِي وَلْيُؤْمِنُوا بِي لَعَلَّهُمْ يَرْشُدُونَ

“When My servants ask you (O Prophet) about Me: I am truly near. I respond to one’s prayer when they call upon Me. So let them respond (with obedience) to Me and believe in Me, perhaps they will be guided (to the Right Way).” (Quran 2:186)

(earn \$5 giving dollars)

Self-Care

Activity:

Today, I took care of myself by praying the five daily prayers on time.

Read & Reflect:

إِنَّ الصَّلَاةَ تَنْهَىٰ عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ وَلَذِكْرُ اللَّهِ أَكْبَرُ وَاللَّهُ يَعْلَمُ مَا
تَصْنَعُونَ

“...Indeed, prayer prohibits immorality and wrongdoing, and the remembrance of Allah is greater. And Allah knows that which you do.” (Qur’an 29:45 in part)

(earn \$5 giving dollars)

Self-Care

Activity:

Today, I took care of myself by making wudhu several times throughout the day and taking a calming shower.

Read & Put into Practice:

إِنَّ اللَّهَ يُحِبُّ التَّوَّابِينَ وَيُحِبُّ الْمُتَطَهِّرِينَ

“...Allah loves those who turn to Him constantly and He loves those who keep themselves pure and clean.” (Quran 2:222, in part)

(earn \$5 giving dollars)

Self-Care

Activity:

Today, I took care of myself by helping clean or organize around our home.

Read & Reflect:

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: الطُّهُورُ شَطْرُ الْإِيمَانِ

The Messenger of Allah (ﷺ) said, "Cleanliness is half of faith..." (Sahih Muslim)

(earn \$5 giving dollars)

Self-Care

Activity:

Today, I took care of myself by practicing positive thinking and trusting in Allah with regards to a problem I was facing.

Read & Reflect:

إِنَّ اللَّهَ يُحِبُّ الْمُتَوَكِّلِينَ

"...Allah loves those who put their trust (in Him)"
(Quran 3:159, in part)

(earn \$5 giving dollars)

Self-Care

Activity:

Today, I took care of myself by practicing patience and gratitude when I wanted something but could not get right away.

Read & Reflect:

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: عَجَبًا لِأَمْرِ الْمُؤْمِنِ إِنَّ أَمْرَهُ كُلَّهُ لَهُ خَيْرٌ، وَلَيْسَ ذَلِكَ لِأَحَدٍ إِلَّا لِلْمُؤْمِنِ، إِنْ أَصَابَتْهُ سَرَّاءٌ شَكَرَ فَكَانَ خَيْرًا لَهُ، وَإِنْ أَصَابَتْهُ ضَرَّاءٌ صَبَرَ فَكَانَ خَيْرًا لَهُ

The Messenger of Allah (ﷺ) said,
How wonderful the affair of the believer is!
Indeed, all of his affairs are good for him. This is for no one but the believer. If something good happens to him, he is grateful to Allah, which is good for him. And if something bad happens to him, he has patience, which is good for him
(Sahih Muslim)

(earn \$5 giving dollars)

Self-Care

Activity:

Today, I took care of myself by spending time with the Qur'an, reading or reciting verses I know or learning new verses and discussing their meaning.

Read & Put into Practice:

وَلَقَدْ يَسَّرْنَا الْقُرْآنَ لِلذِّكْرِ فَهَلْ مِنْ مُدَكِّرٍ

"And We have certainly made the Quran easy to remember. So is there anyone who will be mindful?" (Qur'an 54:17)

(earn \$5 giving dollars)

Second 10 Days: Taking Care of My Family & Friends

Taking Care of My Family

Activity:

Today, I took care of my family by checking in with others in my home to see how they were feeling.

Read & Reflect:

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: خَيْرُكُمْ خَيْرُكُمْ لِأَهْلِهِ وَأَنَا خَيْرُكُمْ لِأَهْلِي

The Messenger of Allah (ﷺ) said, "The best of you is he who is best to his family, and I am the best among you to my family." (Al-Tirmidhi)

(earn \$5 giving dollars)

Taking Care of My Family

Activity:

Today, I took care of my family by helping around the house & taking care of my things.

Read & Reflect:

عَنْ هِشَامٍ، عَنْ أَبِيهِ قَالَ: سَأَلْتُ عَائِشَةَ: مَا كَانَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَصْنَعُ فِي بَيْتِهِ؟ قَالَتْ: مَا يَصْنَعُ أَحَدُكُمْ فِي بَيْتِهِ؟ قَالَتْ: مَا يَصْنَعُ أَحَدُكُمْ فِي بَيْتِهِ، يَخْصِفُ النَّعْلَ، وَيَرْفَعُ التُّوبَ، وَيَخِيطُ.

Hisham said, "I asked 'A'isha, 'What did the Prophet, may Allah bless him and grant him peace, do in his house?' She replied, 'He did what one of you would do in his house. He mended sandals and patched garments and sewed.'"

(Al-Albani)

(earn \$5 giving dollars)

Taking Care of My Family

Activity:

Today, I took care of my family by solving a problem or avoiding an argument or fight with my siblings or other family members.

Read & Put into Practice:

إِنَّمَا الْمُؤْمِنُونَ إِخْوَةٌ فَأَصْلِحُوا بَيْنَ أَخَوَيْكُمْ وَاتَّقُوا اللَّهَ لَعَلَّكُمْ تُرْحَمُونَ

"The believers are but one brotherhood, so make peace between your brothers. And be mindful of Allah so you may be shown mercy." (Qur'an 49:10)

(earn \$5 giving dollars)

Taking Care of My Family

Activity:

Today, I took care of my family by smiling and showing my love to my siblings or other family members.

Read & Reflect:

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ " تَبَسُّمُكَ فِي وَجْهِ أَخِيكَ لَكَ صَدَقَةٌ "

The Messenger of Allah (ﷺ) said, "Your smiling in the face of your brother is charity..."

(earn \$5 giving dollars)

Taking Care of My Family

Activity:

Today, I took care of my family by calling or visiting grandparents or other relatives to ask how they are doing.

Read & Put into Practice:

النبي صلى الله عليه وسلم قال: من كان يؤمن بالله واليوم الآخر فليكرم ضيفه، ومن كان يؤمن بالله واليوم الآخر فليصل رحمه، ومن كان يؤمن بالله واليوم الآخر فليقل خيراً أو ليصمت

The Prophet (صلى الله عليه وسلم) said,
"He who believes in Allah and the Last Day, let him show hospitality to his guest; and he who believes in Allah and the Last Day, let him maintain good relations with kins; and he who believes in Allah and the Last Day, let him speak good or remain silent." (Bukhari & Muslim)

(earn \$5 giving dollars)

Taking Care of My Friends

Activity:

Today, I took care of my friends by checking in on a friend or calling them to see how they are doing.

Read & Reflect:

النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ: قَالَ اللَّهُ تَعَالَى حَقَّتْ مَحَبَّتِي لِلَّذِينَ يَتَصَادَقُونَ مِنْ أَجْلِي وَحَقَّتْ مَحَبَّتِي لِلَّذِينَ يَتَنَاصَرُونَ مِنْ أَجْلِي

The Prophet (صلى الله عليه وسلم) said,
"Allah Almighty said: My love is a right upon those who befriend each other for my sake. My love is a right upon those who defend each other for my sake." (Al-Albani)

(earn \$5 giving dollars)

Taking Care of My Family & Friends

Activity:

Today, I took care of my family by drafting a Eid gift list for my close family members & friends

Read & Reflect:

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: تَهَادُوا تَحَابُّوا.

The Messenger of Allah (صلى الله عليه وسلم) said,
"Give gifts and you will love one another."
(Al-Abani)

(earn \$5 giving dollars)

Taking Care of My Friends

Activity:

Today, I took care of my friends by helping solve a problem or argument between myself and a friend or between friends and practicing forgiveness/encouraging others to forgive.

Read & Put into Practice:

النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ: اِرْحَمُوا تُرْحَمُوا وَاعْفُوا يَعْفُوكُمُ اللَّهُ

The Prophet (صلى الله عليه وسلم) said,
"Be merciful to others and you will receive mercy. Forgive others and Allah will forgive you..." (Al Albani)

(earn \$5 giving dollars)

Taking Care of My Friends

Activity:

Today, I took care of my friends by helping a friend in need.

Read & Reflect:

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ "مَنْ نَفَسَ عَنْ مُؤْمِنٍ كُرْبَةً مِنْ كُرْبِ الدُّنْيَا نَفَسَ اللَّهُ عَنْهُ كُرْبَةً مِنْ كُرْبِ يَوْمِ الْقِيَامَةِ وَمَنْ بَسَرَ عَلَى مُعْسِرٍ بَسَرَ اللَّهُ عَلَيْهِ فِي الدُّنْيَا وَالْآخِرَةِ ... وَاللَّهُ فِي عَوْنِ الْعَبْدِ مَا كَانَ الْعَبْدُ فِي عَوْنِ أَخِيهِ."

The Messenger of Allah (ﷺ) said, "Whoever relieves the hardship of a believer in this world, Allah will relieve his hardship on the Day of Resurrection. Whoever helps ease one in difficulty, Allah will make it easy for him in this world and the Hereafter ... Allah helps the servant as long as he helps his brother." (Sahih Muslim)

(earn \$5 giving dollars)

Taking Care of My Friends

Activity:

Today, I took care of my friends by encouraging a friend to avoid something bad.

Read & Reflect:

وَالْمُؤْمِنُونَ وَالْمُؤْمِنَاتُ بَعْضُهُمْ أَوْلِيَاءُ بَعْضٍ يَأْمُرُونَ بِالْمَعْرُوفِ وَيَنْهَوْنَ عَنِ الْمُنْكَرِ وَيُقِيمُونَ

"And the believers, men and women, are protecting friends one of another; they enjoin the right and forbid the wrong..." (Qur'an 9:71 in part)

(earn \$5 giving dollars)

Third 10 Days: Taking Care of Other People & the Planet

Taking Care of Other People & the Planet

Activity:

Today, I took care of others by preparing small care packages and handing them out to homeless people we pass by while walking or in the car.

Read & Put into Practice:

لَيْسَ الْبِرُّ أَنْ تُوَلُّوا وُجُوهَكُمْ قِبَلَ الْمَشْرِقِ وَالْمَغْرِبِ وَلَكِنَّ الْبِرَّ مَنْ ءَامَنَ بِاللَّهِ وَالْيَوْمِ الْآخِرِ وَالْمَلَائِكَةِ وَالْكِتَابِ وَالنَّبِيِّينَ وَءَاتَى الْمَالَ عَلَى حُبِّهِ ذَوِي الْقُرْبَىٰ وَالْيَتَامَىٰ وَالْمَسْكِينِ وَابْنَ السَّبِيلِ وَالسَّائِلِينَ...

"Righteousness is not in turning your faces towards the east or the west. Rather, the righteous are those who believe in Allah, the Last Day, the angels, the Books, and the prophets; who give charity out of their cherished wealth to relatives, orphans, the poor, (needy) travellers, beggars..." (Qur'an 2:177 in part)

Taking Care of Other People & the Planet

Activity:

Today, I took care of others/the planet by participating in a volunteer event (i.e. food distribution, park or river clean up, helping setup/clean up at an iftar, etc), or doing any act of charity/kindness (i.e. see some mentioned in the hadith below or think of your own!)

Read & Put into Practice:

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ "تَبَسُّمُكَ فِي وَجْهِ أَخِيكَ لَكَ صَدَقَةٌ وَأَمْرُكَ بِالْمَعْرُوفِ وَنَهْيُكَ عَنِ الْمُنْكَرِ صَدَقَةٌ وَإِرْشَادُكَ الرَّجُلَ فِي أَرْضِ الضَّلَالِ لَكَ صَدَقَةٌ ... وَإِمَاطَتُكَ الْحَجَرَ وَالشُّوْكَةَ وَالْعِظْمَ عَنِ الطَّرِيقِ لَكَ صَدَقَةٌ وَإِفْرَاقُكَ مِنْ دَلُوكَ فِي دَلْوِ أَخِيكَ لَكَ صَدَقَةٌ"

The Messenger of Allah (ﷺ) said, "Your smiling in the face of your brother is charity, commanding good and forbidding evil is charity, your giving directions to a man lost in the land is charity for you ... your removal of a rock, a thorn or a bone from the road is charity for you. Your pouring what remains from your bucket into the bucket of your brother is charity for you." (Al Tirmidhi)

(earn \$5 giving dollars)

Taking Care of Other People & the Planet

Activity:

Today, I took care of others by preparing gifts or cards and giving them to our neighbors and checking how they are doing.

Read & Put into Practice:

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ "...مَنْ كَانَ يُؤْمِنُ بِاللَّهِ وَالْيَوْمِ
الْآخِرِ فَلْيُكْرِمْ جَارَهُ، وَمَنْ كَانَ يُؤْمِنُ بِاللَّهِ وَالْيَوْمِ الْآخِرِ فَلْيُكْرِمْ
صَئِقِيهِ"

The Messenger of Allah (ﷺ) said, "...Whoever believes in Allah and the Last Day, let him be generous to his neighbor. Whoever believes in Allah and the Last Day, let him be hospitable to his guest." (Al Bukhari and Muslim)

(earn \$5 giving dollars)

Taking Care of Other People & the Planet

Activity:

Today, I took care of the planet by doing something to help keep the Earth green and clean (ideas: plant something, participate in a park or river cleanup, walk or bike instead of driving, switch from plastic trash bags to plant-fiber bags, choose wood/fabric toys over plastic, make sure gifts you give are from natural materials, take your reusable bags to the store, etc)

Read & Reflect:

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ "إِنَّ الدُّنْيَا حُلْوَةٌ خَضِرَةٌ وَإِنَّ اللَّهَ
مُسْتَخْلِفُكُمْ فِيهَا فَيَنْظُرُ كَيْفَ تَعْمَلُونَ"

The Messenger of Allah (ﷺ) said, "The world is sweet and green, and verily Allah is going to install you as vicegerents in it in order to see how you act" (Sahih Muslim)

(earn \$5 giving dollars)

(earn \$5 giving dollars)

Taking Care of Other People & the Planet

Activity:

Today, I took care of others by preparing gifts or cards and giving them to our teachers, service people or anyone else who helps me regularly (these can be Ramadan/Eid or thank you gifts or cards).

Read & Reflect:

وَإِذْ تَأَذَّنَ رَبُّكُمْ لَئِن شَكَرْتُمْ لَأَزِيدَنَّكُمْ

"Remember that He (Allah) promised, 'If you are thankful, I will give you more...'" (Qur'an 14:7 in part)

(earn \$5 giving dollars)

Taking Care of Other People & the Planet

Activity:

Today, I took care of the planet by composting organic waste (i.e. fruit and vegetable peels, egg shells, etc) and any food leftovers that cannot be eaten later.

Read & Reflect:

وَهُوَ الَّذِي أَنْشَأَ جَنَّاتٍ مَعْرُوشَاتٍ وَغَيْرِ مَعْرُوشَاتٍ وَالنَّخْلَ وَالزَّرْعَ
مُخْتَلِفًا أَلْوَانًا وَالزَّيْتُونَ وَالرُّمَّانَ مُتَسَلِّبَةً وَغَيْرَ مَثَلٍ هُمْ كُلُوا مِنْ
ثَمَرِهِ إِذَا أَثْمَرَ وَعَآثُوا حَقَّهُ يَوْمَ حَصَادِهِ وَلَا تُسْرِفُوا إِنَّهُ لَا يُحِبُّ
الْمُسْرِفِينَ

"He (Allah) is the One Who produces gardens—both cultivated and wild—and palm trees, crops of different flavors, olives, and pomegranates—similar (in shape), but dissimilar (in taste). Eat of the fruit they bear and pay the dues at harvest, but do not waste. Surely He does not like the wasteful." (Qur'an 6:141)

(earn \$5 giving dollars)

Taking Care of Other People & the Planet

Activity:

Today, I took care of others/the planet by showing kindness to a living thing– plant, insect, animal, etc.

Read & Put into Practice:

رسول الله صلى الله عليه وسلم قال: " بينما رجل يمشى بطريق اشتد عليه العطش، فوجد بئراً فنزل فيها فشرّب، ثم خرج فإذا كلب يلهث يأكل الثرى من العطش، فقال الرجل: لقد بلغ هذا الكلب من العطش مثل الذي كان قد بلغ منى، فنزل البئر فملاً خفه ماء ثم أمسكه بفيه، حتى رقي فسقى الكلب، فشكر الله له فغفر له" قالوا: يا رسول الله إن لنا في البهائم أجراً؟ فقال: في كل كبدٍ رطبة أجر "

The Messenger of Allah (ﷺ) said, "While a man was walking on his way he became extremely thirsty. He found a well, he went down into it to drink water. Upon leaving it, he saw a dog which was panting out of thirst. His tongue was lolling out and he was eating moist earth from extreme thirst. The man thought to himself: 'This dog is extremely thirsty as I was.' So he descended into the well, filled up his leather sock with water, and holding it in his teeth, climbed up and quenched the thirst of the dog. Allah appreciated his action and forgave his sins. The Companions asked: "Shall we be rewarded for showing kindness to the animals also?" He (ﷺ) said, "A reward is given in connection with every living creature" (Al Bukhari and Muslim)

(earn \$5 giving dollars)

Taking Care of Other People & the Planet

Activity:

Today, I took care of the planet by conserving water (**ideas:** try to implement the hadith below the Prophet (PUBH)'s use of water for washing, close the faucet while brushing your teeth, collect leftover drinking water to water plants, etc)

Read & Put into Practice:

كان النبي صلى الله عليه وسلم يغتسل، أو كان يَغْتَسِلُ، بالصَّاعِ إلى «خَمْسَةِ أَمْدَادٍ، وَيَتَوَضَّأُ بِالْمُدِّ

The Prophet (ﷺ) used to take a ritual bath with one Sā' of water (up to five Mudd) and used to perform ablution with one Mudd. (Al Bukhari and Muslim) (1 Mudd is about ¼ of a liter or)

(earn \$5 giving dollars)

Taking Care of Other People & the Planet

Activity:

Today, I took care of others by feeding a fasting person or someone who does not have food (this can be done in person or by donating money for a meal).

Read & Put into Practice:

وَيُطْعَمُونَ الطَّعَامَ عَلَىٰ حُبِّهِ مِسْكِينًا وَيَتِيمًا وَأَسِيرًا
إِنَّمَا نُطْعِمُكُمْ لِوَجْهِ اللَّهِ لَا نُرِيدُ مِنْكُمْ جَزَاءً وَلَا شُكْرًا

(Describing Allah’s servants and the righteous, Allah states): “And they feed, for the love of Allah, the indigent, the orphan, and the captive; (Saying), ‘We feed you for the sake of Allah alone: no reward do we desire from you, nor thanks.’” (Qur’an 76:8-9)

(earn \$5 giving dollars)

Taking Care of Other People & the Planet

Activity:

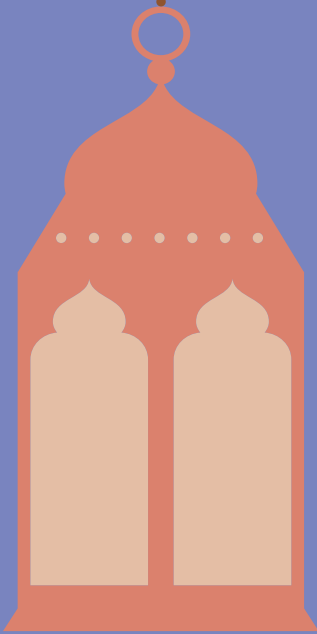
Today, I took care of others by adding the total of our Ramadan Giving Box and donating any outstanding amount to the charitable cause of my choice. Make dua that Allah accepts and multiplies your reward!

Read & Reflect:

مَثَلُ الَّذِينَ يُنْفِقُونَ أَمْوَالَهُمْ فِي سَبِيلِ اللَّهِ كَمَثَلِ حَبَّةٍ أَنْبَتَتْ سَبْعَ سَنَابِلَ فِي كُلِّ سُنبُلَةٍ مِائَةٌ حَبَّةٌ وَاللَّهُ يُضَاعِفُ لِمَنْ يَشَاءُ وَاللَّهُ وَسِعَ عَلِيمٌ

“The likeness of those who expend their wealth in the way of God is as the likeness of a grain of corn that sprouts seven ears, in every ear a hundred grains. So God multiplies unto whom He will; God is All-embracing, All-knowing.” (Qur’an 2:261)

(earn \$5 giving dollars)



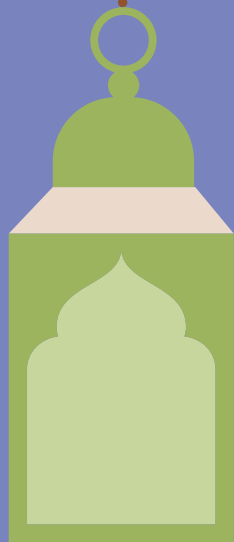
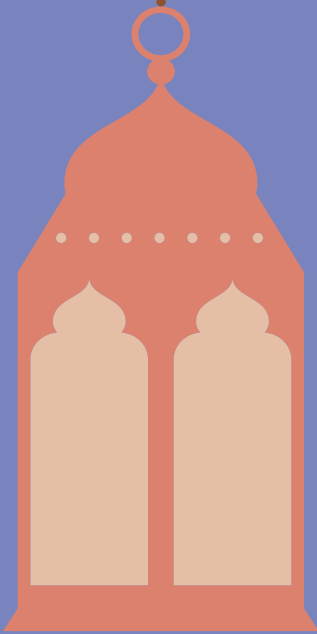
**Daily Giving Dollar
Tracker**

AMCF Ramadan Giving Box Challenge

Giving Dollars Daily Tracker

Ramadan 2023/1444						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!
Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!
Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!
Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!
Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	Day ____ Today we earned ____ giving dollars!	
			Week 1 Total: _____	Week 2 Total: _____	Week 3 Total: _____	Week 4 Total: _____

- ❖ This Ramadan we earned a total of _____ giving dollars! (children's total only)
- ❖ Our family total, including any parent or family matches or contributions, is _____.
- ❖ We decided to donate our giving dollars to _____.
- ❖ May Allah accept our fasting, prayers, duaa and charity in this blessed month. Ameen!



Extra Resources

Extra Resources

- ❖ 4 Ways to Teach Your Child About Sadaqah:
<https://withaspin.com/2020/12/09/teach-your-child-about-sadaqah/>

- ❖ 21 Children’s Books about Ramadan:
<https://coloursofus.com/childrens-books-ramadan/>

- ❖ 30 Days of Good Deeds List:
https://intheplayroom.co.uk/30-days-of-good-deeds-for-a-ramadan-jar/#google_vignette

- ❖ 49 Ways to Get Kids Involved in Ramadan:
<https://modestmunchies.com/49-ways-to-get-kids-involved-in-ramadan/>

- ❖ 12 Ramadan Crafts and Activities for Kids:
https://artsycraftsymom.com/10-ramadan-crafts-and-activities-for-kids/#When_is_Ramadan_in_2022_In_which_month_Ramadan_is_coming_2022

- ❖ 99 Creative Ramadan Projects:
<http://acraftyarab.com/portfolio/99-creative-ramadan-projects-resource/>

- ❖ Ideas for Eid Gifts Handmade by Little Hands:
 - Stone or wood tasbeehs (zikr beads)
 - Rolled beeswax candles
 - Repurposed crayons or soaps melted in crescent and star molds
 - Bookmarks, notepads or journals decorated with Ramadan or Eid themed stamps or stencils
 - Painted candle jars
 - [Homemade sugar scrubs](#)
 - [And a few other ideas!](#)