



American Muslim  
Community Foundation

# 2026 AMCF RAMADAN FAMILY GUIDE

2026/1447



*A Reflection Guide on Giving*





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## AMCF RAMADAN GIVING REFLECTION & CHALLENGE

### Theme: A Reflection Guide on Giving

#### Introduction

For a number of years, AMCF has shared with the community a Children's Ramadan Guide with a different theme each Ramadan encouraging children to start early in their love and practice of philanthropic giving. We have covered topics such as Gratitude & Giving, Taking Care of Ourselves, Others & the Planet, Gratitude, Giving & Growth in Difficult Times, and Journey Through the Qur'an on Giving. The guides have traditionally provided daily planners, activities, verse reflections and more for families to do with their children, but with the primary focus being to engage children in giving. This year, we are taking a new approach to our Ramadan guide. We want this year's guide to be a family, not just children's focused, guide. It is meant to be a space for reflection, revision and renewal on how we as individuals and as families give and how we want to grow and diversify our giving over the long-term.

#### Target Audience

The reflections and challenge in this guide are designed to engage the whole family--including parents and children (young or adult). You will notice that some of the reflections also encourage discussion and storytelling beyond the nuclear family, inviting you to ask grandparents, aunts, uncles and other relatives to share their views, traditions, practices and stories about giving. Some of the most touching family stories are stories of sadaqah, unexpected opportunities for giving and the blessing that blooms out of them!

#### How Does it Work?

Unlike our past guides that were meant to be used daily throughout Ramadan, this guide provides the flexibility that a busy Muslim family needs. There is no specific timeline to go through this guide and the challenge at the end is meant to be a year-long goal that the family works on between this Ramadan and next. However, we highly encourage your family to go through the discussion questions in the guide by the end of this Ramadan.





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There are only 4 pages of discussion questions, so you can plan to cover 1 page each week or schedule 4 family meetups throughout the month to discuss. You can also read the questions ahead of time and then make them part of iftar or post-prayer conversation. Do what works for your family. The main goal is to reflect honestly and deeply about why, what, how, where and when you give and what you would or would not change about your giving practices.

## Where and How Do I Give?

The Ramadan Challenge at the end of this guide encourages you and your family to research three new causes that you would like to expand your giving to this year, between this Ramadan and next. You are free to use whatever resources at your disposal to identify these new areas. However, if you would like guidance on where to give or how to explore new areas of giving, feel free to reach out at [nonprofitengage@amuslimcf.org](mailto:nonprofitengage@amuslimcf.org). As a community foundation for Muslims, AMCF has a large network of nonprofits and can give you recommendations on good organizations to give to based on your interests. Whatever the case, we encourage you to involve your children (especially if they are young) in choosing your new causes! Ask them what they want to support and why. Also, check out AMCF's other resources and services that can help elevate your giving, such as [Donor-Advised Funds \(DAFs\)](#), our [National Muslim Women's Giving Circle](#), and [Endowments](#).

Finally, we would love if you share with us your journey! As you work through this guide in Ramadan, we would love to hear about the stories of giving, connections, memories and questions that you and your family discover in your conversations together. You can email us at [nonprofitengage@amuslimcf.org](mailto:nonprofitengage@amuslimcf.org) or follow and tag us on Instagram at [@amuslimcf](#) ([#amcframadan](#) [#amcfcgivingchallenge](#)).

*Let's Get Started!*





## Discuss: What is Giving to Us?

What does  
“giving” mean  
to us as  
individuals  
and as a  
family?

Have each person in  
your family share  
individually & then  
discuss similarities &  
differences  
collectively

What giving  
traditions or  
habits did we  
grow up with or  
practice from  
our Islamic or  
cultural heritages?

Use this as an  
opportunity for  
meaningful family  
storytelling &  
invite extended  
family & elders to  
share

What are the  
different ways  
in which we  
give?

Think about the  
5T’s of Giving  
(treasure--i.e.  
money--time,  
talent, ties &  
testimony)





## Discuss: Why Do We Give?

Why do we give as individuals and as a family?

Feel free to share key inspirations for giving-- a verse, a hadith, a personal story, a person, etc.

How do I decide what, when & where to give?

Reflect upon and share your thought process on giving. How do you decide?

What are ways we can enrich & renew our intentions in giving?

Reset intention & think of ways through which you can maximize your giving





## Discuss: When Do We Give?

When do we tend to give throughout the year and why those times?

Think about things like when you give your zakah, if you give montly donations, annual gifts, etc.

Is there any thing we want to change about when we give?

Think about how you can be more strategic in the timing of your giving.

Have we thought about planned giving & sadaqah jariyyah?

One of the beautiful benefits of giving is it can outlive us. How can we maximize this benefit?





## Discuss: Where Do We Give?

What are your go-to methods for giving funds?

This may include crowdfunding campaigns, directly to institutions, through a DAF, family or corporate matching, etc

What causes do we like to give to--as individuals & as a family?

Discuss what causes, impact areas, geographies, etc you like to give to. What do you share as a family?

What new areas do we want to consider giving to?

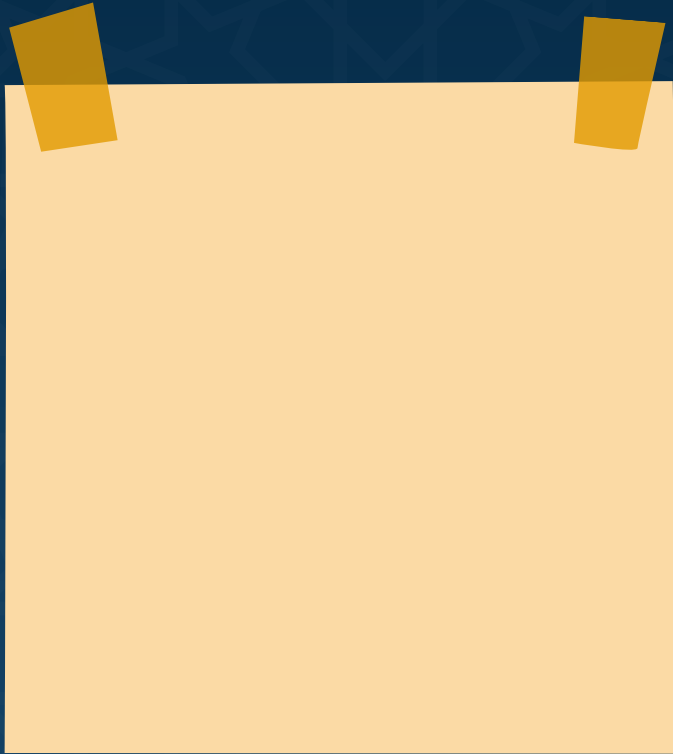
Challenge yourself & your family to expand your giving to a new cause, geography, organization, etc.





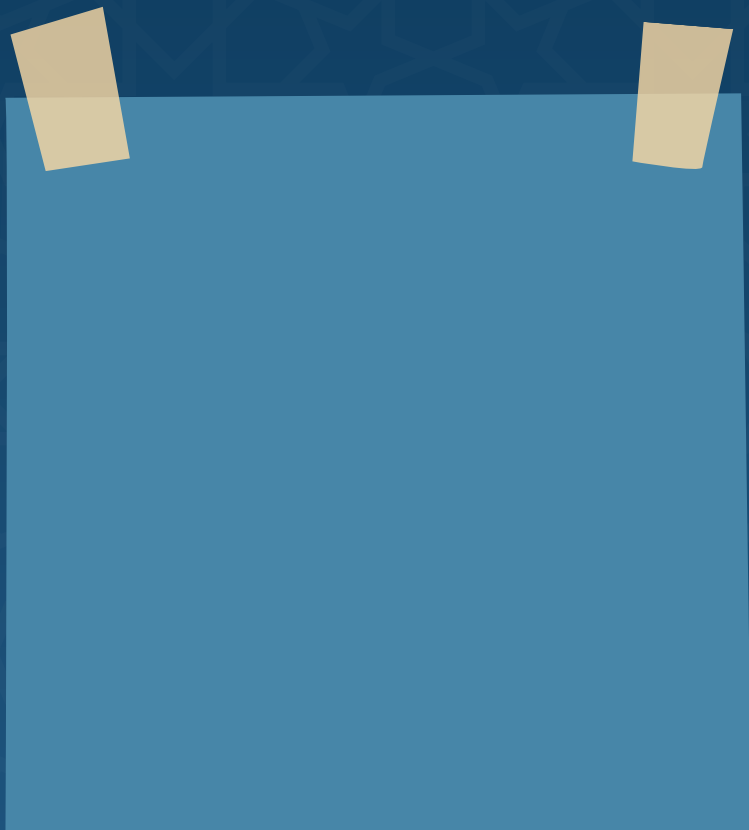
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## Reflect & Write



Use this space to  
reflect on how this  
guide has changed  
the way you think  
about giving?

Use this space to  
reflect on something  
new this guide helped  
you learn about your  
family members &  
their giving views or  
practices





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# Ramadan Giving Challenge

Go back to the question “What new areas do we want to consider giving to?” Research and brainstorm as a family at least 3 new causes you would like to challenge yourself to expand your giving to this coming year-- between this Ramadan and next Ramadan. Come up with a plan on how you will choose the 3. Decide how much, when and how you will give. If you need some guidance, reach out to us at [nonprofitengage@amuslimcf.org](mailto:nonprofitengage@amuslimcf.org).

AMCF distributes donations to hundreds of nonprofit organizations, including [22 nonprofit endowments](#). Also, consider [opening and giving through a Donor-Advised Fund \(DAF\)](#), with AMCF to streamline your giving and check out our collective giving options, such as AMCF’s [National Muslim Women’s Giving Circle](#).

New Cause #1

How Much?

When and How?

New Cause #3

How Much?

When and How?

New Cause #2

How Much?

When and How?





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## Extra Resources on Muslim Philanthropy

- AMCF Philanthropic Values Cards: <https://amuslimcf.org/mpv/>
- “10 Areas of Need in American Muslim Communities, Identified Through Existing ISPU Research,” Institute for Social Policy and Understanding (ISPU): <https://ispu.org/10-needs/>
- “Trends in U.S. Muslim Humanitarian Giving, 2000-2025”: <https://islamicresearchnetwork.com/u-s-muslim-philanthropy-patterns-priorities-and-progress/>
- Muslim Philanthropy Initiative, Lilly Family School of Philanthropy at Indiana University: <https://philanthropy.indianapolis.iu.edu/institutes/muslim-initiative/index.html>
- WF Fund, Inspired Generosity: <https://inspiredgenerosity.org/>
- Noor Kids: <https://noorkids.com/>
- 4 Ways to Teach Your Child About Sadaqah: <https://withaspin.com/2020/12/09/teach-your-child-about-sadaqah/>





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Thank you for using the AMCF Ramadan Family Guide

May Allah Accept our Fasting, Prayers, Giving and  
Good Deeds During this Blessed Month!

Would you like to give us feedback or do you have more  
questions about strategic charitable giving?

Visit us at <https://amuslimcf.org/>

Email us at [info@amuslimcf.org](mailto:info@amuslimcf.org) or [NonprofitEngage@amuslimcf.org](mailto:NonprofitEngage@amuslimcf.org)

